



Virtual Coffee Morning for Mental Wellbeing

9:30am-10:30am

Every other Tuesday,
Next meeting on November 24th

Join us on Zoom for an informal tea
and talk session, where you will have a
safe space to chat about all things
mental health and wellbeing and also
meet new people



The National Lottery Community Fund

To register your interest,
email glesni.prytherch@yess.uk